BRIDGING TO Prek-Summer Skills Practice

Welcome to PreK at FPD!



Practice These PreK Personal Care Routines:

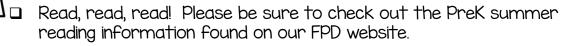
- Table manners, including staying seated while eating and opening/closing snacks and containers.
- Resting quietly.
- Proper use of tissues for blowing a runny nose.
- Independent dressing routines, such as putting on shoes, coats, and sweaters.
- Independent potty routines and attention to own bathroom needs.

Practice These Social **Emotional Routines:**



- Handling emotions appropriately.
- Sharing and playing well with others.
- Showing proper respect for authority.
- Asking for help when needed,
- Requiring only his/her fair share of attention.
- Respecting books and learning materials.
- Entertaining oneself quietly.
- Separating easily from parents.

Practice These Academic Skills:



- Practice recognizing one's name and identifying letters.
- Review colors and basic shapes.
- Count to 10 or even higher!
- Practice recognizing numerals, especially 1-5.
- Draw lines, curves, and circles with pencils, crayons, and markers.
- ☐ Practice sitting for 5-10 minute intervals, while listening attentively to songs, rhymes, and/or stories.
- Practice following simple, oral directions.

Practice These Fine Motor Skills:

Have fun creating using scissors, pencils, glue sticks, crayons, and markers! Keep these materials readily available at home for practice using and caring for learning items such as these. ©

