FPD's dining plan for the 2023-2024 school year includes the optional all-inclusive, fiveday dining plan. Students in 3K through 12th grade can opt-in to a dining plan that includes a variety of healthy and popular meal choices. FPD's dining provider, SAGE Dining, uses locally-sourced, organic ingredients as often as possible, including items from FPD's own gardens! All food is fresh, made the same day, and reviewed by a SAGE Dining dietician to ensure top quality meals for our Vikings!

FPD Dining for Students

### **Menu Selections**

3K - Kindergarter	h
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1st - 12th Grade

Main Ingredient Station with choice of two healthy and delicious homemade

hormone-free milk or 100% juice. Dining staff delivers lunch to your child's class-

- Pizza and Pasta Stations with a variety of homemade pizza and pasta dishes.
- Extensive deli buffet and panini stations with house-carved meats, fresh house-made protein salads, and a variety of fresh breads.

Lunches include an age-appropriate entree, delicious sides, fruit, and

- Delicious sandwich toppings, and homemade hummus.
- Build-your-own salad bar with fresh cut proteins, fresh cut fruits, vegetables, local lettuces, and house-made composed salads and dressings.
- Beverages including tea, milk, juice, water, and spa water.
- Daily action stations including a stir-fry station, carving station, nacho bar, ice cream bar, baked potato bar, and more.

### Monthly Dining Plan Cost

\*rates subject to change based on unexpected increases in food or labor costs, or the percentage of student participation. Parents will be given a 30-day notice of any pricing changes and can opt-out if they prefer.

	Grade	Monthly Rate* (billed September -May)	Resulting daily cost per meal
S, v	3K - Kindergarten	\$87	\$4.50
	1st - 2nd	\$99	\$5.12
	3rd - 5th	\$108	\$5.59
	6th-8th	\$129	\$7.17
	9th-11th	\$138	\$7.53
	12th	\$130	\$7.55

### How to Register

Parents can register online using a form on their Viking Connect account or complete the registration form on the back on this document and email to Cindy Martin in the FPD Business Office at cindy.martin@fpdmacon.org. Register for the school year by August 9, 2023.

Registration can be added throughout the school year by emailing Cindy Martin with a 30-day notice.

#### For weekly menus, visit fpdmacon.org/dining.



# 2023-2023 Enrollment Form

Child	<ul> <li>Please complete and return this dining enrollment form to</li> <li>the FPD Business Office by Wednesday, August 9, 2023. If</li> </ul>	
Grade	you would like to sign up digitally, you may also complete the online form linked to your Viking Connect Account.	
Child	<b>Questions:</b> Cindy Martin, FPD Business Office	
Grade	cindy.martin@fpdmacon.org 478-477-6505, ext. 127	
Child	Rick Woolfolk, FPD Executive Chef rick.wollfolk@fpdmacon.org	
Grade	478-477-6505, ext. 161	
Parent Signature		

#### **Enrollment Authorization**

Please enroll my child(ren) in the FPD Dining Plan. By signing above, I commit that I am the authorized payor for the student(s) named herein, and that I am enrolling them in the FPD Dining Plan.

#### Automatic Annual Re-enrollment

By signing, I agree that my child's enrollment in the FPD Dining Plan will automatically renew each year as long as my child is enrolled at FPD or until I cancel the plan. I understand that I may cancel this agreement with a 30-day written notice to the FPD Business Office.

# Dining Plan FAQ's\_

#### How are fees assessed?

Dining fees are billed in equal installments from September to May and appear on the family billing statement.

#### How does the value of the FPD Dining Plan compare to sending a homemade lunch with my child every day?

The FPD Dining Plan offers students in grades 1st-12th a wide daily variety of healthy and popular food choices in a unique 'unlimited seconds' environment, at a cost \$5 - \$7.55 per day, depending on the grade. The majority of our families report that enrollment in the FPD Dining Plan is highly favorable when compared to the cost and time required to prepare daily lunches at home.

#### May I change my plan?

Yes. Parents are asked to give the Business Office a written notice 30 days in advance.

## What if a field trip conflicts with lunch?

If a student is enrolled in the FPD Dining Plan and is scheduled to take a school field trip, his/her teacher can coordiante with the FPD Dining staff to prepare a packed lunch for that day.

### May I eat with my child in the Dining Hall?

Yes! In 1st - 12th grade, parents and grandparents can join us for lunch. Please check in with the Viking Store or the Elementary School office for a Visitor Dining Pass for \$13.

## How will the dining staff know my child is on the dining plan?

Each student in grades 6th -12th can use his or her Student ID for access to Viking Hall. Likewise, lower school teachers will have a list of students on the dining plan.

#### If my child is not enrolled in the FPD Dining Plan, but wishes to purchase lunch that day, can he/she?

Yes! We don't want any student to go hungry! For students in grades 3K-5th, please contact your child's teacher to advise her/ him that your child will be eating in the Viking Hall that day. If your child is in grade 6th-12th, he/ she may purchase a daily lunch by presenting his/her student ID when entering Viking Hall. The daily lunch charge will be posted to your FPD billing statement. Note that enrollment in the FPD Dining Plan is a much greater value than purchasing lunch on selected days. Daily Lunch Prices (for students not on plan, or parents)

- 3K-K: \$8
- 1st-2nd: \$9
- 3rd-5th: \$9
- 6th-8th: \$12
- 9th-12th: \$13
- Parents: \$13